

Note: This service is not currently available in Arkansas.

Teladoc



Employees enrolled in Golden PPO, Golden HRA or Golden HSA have convenient access to FREE medical care via phone and online video consultations through Teladoc.

Teladoc provides 24/7/365 access to U.S. board certified doctors who can resolve many of your medical issues. Teladoc doctors can treat and prescribe medicine, when appropriate, for many medical conditions including:

- allergies
- cold and flu symptoms
- bronchitis
- urinary tract infection
- respiratory infection and
- more!

Teladoc is easy!

1. Go to www.Teladoc.com and register
2. Provide your medical history
3. Request a consult

Contact Teladoc when you need care immediately, are considering the ER or urgent care, when you are away from home, or need short-term prescription refills.

For more information about Teladoc, call 800-Teladoc (800-835-2362) or visit www.teladoc.com.

Additional questions? Contact the HR Service Center at 800-777-2363, options 2, 2, 1 or email: HRSC@goldenliving.com.