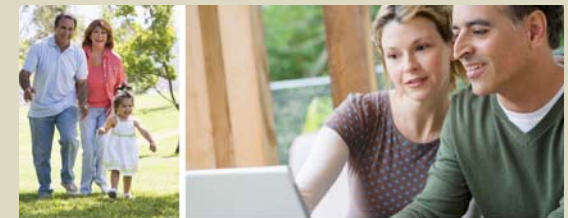


Don't Forget to Schedule Your 2015 Annual Screening

New Golden Health Plan members and repeat participants should take advantage of the KYN health screening annually, not only for an opportunity to be a \$50 VISA gift card winner, but to qualify for better plan coverage which will save you money on your healthcare costs, and detect health risks early before they become serious. Click on the flyer for more information.

Golden Health Plan members can get their annual screening at:

- Onsite Health Screening Events offered June through August at select Golden LivingCenter and AseraCare locations (onsite health screening event location list will be posted to YourGoldenBenefits.com beginning in May), or
- Your network healthcare provider. Take the [Wellness Screening Results Form \(WSRF\)](#) with you to your provider health screening. Remember, schedule early because the deadline for Provant to receive WSRF is November 15.



Getting a screening is the first step.
Knowing your numbers is just as important.

Take the time to learn about your health today.

Visit your Healthcare Provider!
To participate in the KYN screening, you can visit your healthcare provider at your convenience. Access the **Wellness Screening Results Form** on YourGoldenBenefits.com and follow the instructions, or call the HR Service Center.

Take the Know Your Numbers (KYN) wellness program health screening to learn about your health status. Qualify for a better plan coverage and save money on your healthcare costs.

IMPORTANT: Fasting required for best results.



Not all members are eligible for this program. Health screening is available to members who are active in the Golden Health Plan. See your provider for more information.

live wise. live well.
Better Health is Golden

Visit YourGoldenBenefits.com for all your benefits information any time.