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## Activity Professionals Week: Music, Auctions, Dances and ... BINGO!

Golden LivingCenters | posted January 19, 2015 | [SHARE](#)    

To celebrate Activity Professionals Week, we asked the activity professionals at our Golden LivingCenters to give us their list of the most popular activities the residents and patients enjoy. Here is a brief recap of what they shared with us:

### Musical Programs

From children's choirs to local performing artists, residents enjoy hearing live music and other presentations. Sing-a-longs and Elvis impersonators are always a hit along with holiday carols and church services. Music of all kind is thoroughly enjoyed.

### Auctions and Games

One LivingCenter hosts "Minute to Win It" style games to help improve fine motor skills and to foster a friendly spirit of competition among the residents. Live and silent auctions with change or play money also provide residents with a seasonal shopping experience, as well as bragging rights for their prowess. Some residents also enjoy video games with Wii Bowling and "Name that Tune" with an iPad hooked up to an Internet radio station as some of their favorites.

### Cooking Classes

On Monday nights, another LivingCenter hosts a cooking club. Residents plan their own menus and cook entire meals from scratch with the help of staff and volunteers. Cooking competitions also provide an interactive activity in other LivingCenters where residents can be judged by their peers.

### Volleyball

In another LivingCenter, tables are lined up and residents sit on all sides of the tables. They divide into teams and try to get the ball down the table. If the ball hits the floor, the other team gets a point.

### Special Events

From holiday parties and resident pageants to a Veterans Day celebration or Senior Prom in the spring, getting an entire LivingCenter behind a special occasion or event helps inspire morale and bring out the creative juices of many people in the LivingCenter.

### BINGO!

BINGO! came in as the **most popular activity** by far. In fact, most activity professionals turned in their list with the disclaimer, "here are the activities the residents enjoy *besides* Bingo!" One LivingCenter offers "Brown Bag Bingo" where prizes are given out in brown bags, so it adds the element of surprise .

While our caregiving staff keenly is focused on caring for the physical needs of our patients and residents, clearly their social and emotional well-being takes a high priority as well. This week, we celebrate all of our employees and volunteers who do an incredible job to lift the spirits of the people who have trusted us with their care.

### Recent Posts

[Activity Professionals Week: Music, Auctions, Dances and ... BINGO!](#) | posted January 19, 2015

To celebrate Activity Professionals Week, we asked the activity professionals at our Golden LivingCenters to give us their list of the most popular activities the residents and patients enjoy. Here is a brief recap of their contributions.

[The Power of the Human Touch with an Alzheimer's Patient](#) | posted September 22, 2014

When a loved one has been diagnosed with Alzheimer's, it can be frightening for both the patient and their loved ones. As the disease progresses, it steals a little bit more of a loved one's personality, their memory and their ability to function as they did before the disease hit them. This article offers some tips for loved ones.

**Dealing with Compassion Fatigue** | posted September 11, 2014

While the old adage "it's better to give than receive" often keeps caregivers going, eventually a caregiver can find themselves trying to give out of an empty cup. If you are caring for a loved one for an extended period of time, the love you feel for this person can turn into resentment over losing a part of your own life in the process.

# Celebrating Activity Professionals Week with a Little “EnerG”

🕒 January 16, 2015    📁 Uncategorized

## Healthy Dose of EnerG® by Aegis Therapies Expands into Golden LivingCenters

The EnerG® by Aegis wellness program continues its expansion into Golden LivingCenters in the new markets of North Carolina, Minnesota, Indiana, South Dakota and Nebraska. EnerG Wellness programming offers a unique integrated approach to wellness through factors that impact an individual’s health on a daily basis. Based on the seven dimensions of wellness – social, occupational, emotional, physical, intellectual, environmental and spiritual, EnerG delivers results to active aging adults. This allows them to regain strength and independence to experience renewed quality of life.







**Golden LivingCenter – Hillcrest of Wayzata** in Wayzata, Minn.. took to heart the importance of offering programming that fulfills the seven dimensions of wellness. In December they captured the essence of the season of giving & sharing through their Remembrance Tree event.

The whole building got in the spirit of making special “guardian angel ornaments” for their loved ones who had passed away by writing their names on the ornament and decorating the tree. The family members of the beloved residents no longer with us especially were touching since they provided an opportunity for spouses, daughters and granddaughters to come together and remember their loved one.

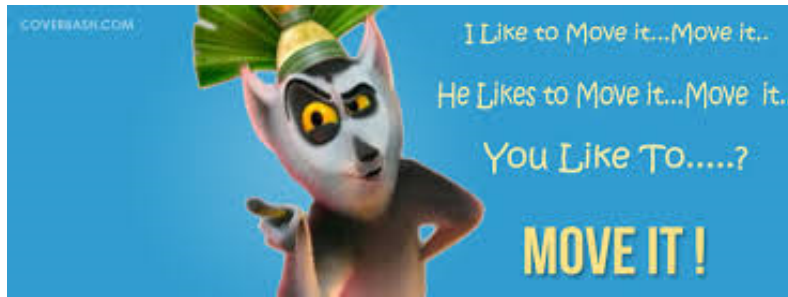
Many existing activities were re-purposed, or new goals were identified keeping the seven dimensions of wellness in mind in order to involve every department from marketing to rehabilitation. As they kick-off 2015, they have boosted their active participation programs to seven days a week. Programs include cardio kickboxing, chair fitness and staying fit, to name a few.



*Golden LivingCenter – Wayzata Group*



*The Golden LivingCenter – Hillcrest at the Wayzata Walk to End Alzheimer’s at Target Field.*



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Two Golden LivingCenters Honored with 2014 AHCA/NCAL Silver Quality Awards

# BEACH Training to Be Held Tuesday, Jan. 20

🕒 January 12, 2015    📁 Uncategorized

- All BEACH Users

Ceres Purchasing Solutions will offer BEACH training classes through the Learning Management System (LMS) Tuesday, Jan. 20 from 9:30-11:30 a.m. CDT. The class will provide the best methods of using BEACH. We encourage all new BEACH users and existing users who need a little refresher course to attend one of our BEACH sessions.

To enroll in the class, go to the intranet home page:

- Click on the **FACILITIES** tab
- Click on the **LEARNING MANAGEMENT SYSTEM** link
- Log in
- Under Course Catalog click **BEACH**
- Click on **ILT – INSTRUCTOR-LED TRAINING**
- Under Options click on **SIGN UP**

***NOTE: If you sign up for the BEACH training class and realize later you will not be able to attend, please go into the Learning Management System and unenroll.***

## **BEACH Training Agenda**

### **BEACH**

- How to Log onto BEACH
- BEACH Main Menu
- Catalog Links
- Special Links
- BEACH News
- Action Items

### **ORDERING SUPPLIES**

- Finding Product (Including Advance Search)
- Routine Orders
- Editing an Order
- Submitting an Order
- Special Orders
- Capital Requisitions
- G/L Coding



## APPROVAL PROCESS

- Supply Approvals
- Capital Approvals
- Invoice Approvals

## REPORTS

- Purchase Order Summary Report
- Purchase Order/Invoice Lookup
- General Ledger Spending Report

## RETURNS PROCESS

- Medline Returns Process
- All Other Suppliers Return Processes

## SUPPORT

- Technical Assistance
- BEACH Assistance (How to Questions)
- OnLine Help
- Interactive Tutorial

## Questions:

If you have questions concerning the BEACH Training class or have issues signing up, please contact CERES Customer Service at (800) 677-6447.

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In "Beach Training"

Beach Training – Tuesday  
July 16, 2014

BEACH Training to Be Held  
Tuesday, Sept. 23, 2014

# How to Access Your W-2 at GlobalCashCard.com

🕒 January 16, 2015    📁 Uncategorized

Employees who are enrolled for online W-2s through PeopleSoft Self Service may now access their 2014 W-2 online through GlobalCashCard.com. We have received some calls from employees who are experiencing problems accessing their W-2s at GlobalCashCard.com.

Here are some tips on how to easily access your online W-2 statement.

1. Be sure you are accessing Global Cash Card from a PC or laptop. All other devices, such as a SmartPhone, iPad, etc. will usually not allow you to view the information on the W-2 form.
2. The latest version of Adobe Reader must be installed on your PC or laptop in order to view and/or print your W-2. After updating your Adobe Reader, you should be able to access your W-2.
3. If you were hired in December 2014, it is possible that you were not paid until January 2015. If this is the case, you will not have a W-2 for 2014.

If these tips do not correct a problem you have accessing your W-2, you should contact Global Cash Card Customer Service at **866-395-9200** or **888-220-4477**.

## Reminders

1. If you would like to enroll for online W-2s for future use, you can enroll through PeopleSoft Self Service. From the company intranet home page, go to the Corporate tab > click the PeopleSoft Self Service icon > input your User ID and Password > Self Service > Employee > Tasks > W-2 Delivery Information > W-2 Consent Form > Yes. I want to receive my W-2 statement electronically. > Save. (See PeopleSoft Self Service below for log in assistance.)
2. If you are not enroll for online W-2s, here is how you will receive your paper W-2 statement:
  - **Active Employees** — W-2s will be bundled in a FedEx package and sent to the GLC and AseraCare locations to be handed out or mailed out from your facility/location.
  - **Terminated Employees** — W-2s will be mailed first class from the Fort Smith Administrative Center to home addresses on record as of Dec. 31, 2014.
  - **Aegis, Corporate and 360 Employees** — W-2s will be mailed first class from the Fort Smith Administrative Center to home addresses on record as of Dec. 31, 2014.
3. If you are not certain whether you have enrolled for online W-2s, talk with your Payroll Clerk or Business Office Manager (BOM) at your location. You can also contact Global Cash Card Customer Service at 866-395-9200 or 888-220-4477.
4. If your address has recently changed, access PeopleSoft Self Service (or talk with your Payroll Clerk or BOM at your facility) to make changes. Don't forget to change your address with the U.S. Postal Service. Returned W-2s will be mailed again if you have provided a new address.
5. Requests for replacement W-2s will not be accepted until after Sunday, Feb. 15.

## PeopleSoft Self Service

[Click here](#) for a PeopleSoft Self Service Guide to assist you with access and changes to your PeopleSoft employee information.

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# Global Cash Card Visa Promotion 2015

🕒 January 19, 2015   📁 Uncategorized

The company has partnered with Global Cash Card to make sure employees receive their pay in the most efficient and secure way. You can receive pay by several convenient electronic pay options including the Global Cash Card VISA paycard and direct deposit. Global Cash Card's website is available 24/7, which makes it easy and convenient for viewing and accessing your online paystub and online W-2 statements.

## Global Cash Card VISA Promotion

We are excited to announce the 2015 Global Cash Card / Visa Promotion ... **“SWIPE AWAY for CARS AND CASH!”** When you use your VISA paycard, here's how you increase your chance to win:

- **90 swipes in 90 days** (Global Cash Card is giving away a new car every quarter!)
- **Monthly drawings for \$5,000** (three winners monthly – \$3,500, \$1,000 or \$500)

One Global Cash Card cardholder will *WIN CARS AND CASH!* This promotion runs from Jan. 1 to Dec. 31, 2015, and is only valid for **Global Cash Card cardholders**, so start using your card!

[Click here](#) for the **Visa Sweepstakes** flyer with details about **“SWIPE AWAY for CARS AND CASH!”**

**For more about your Global Cash Card VISA paycard, as well as information about new features and rewards program, view videos at: <https://www.globalcashcard.com/videos/>.**

## Not a Cardholder?

If you are not a Global Cash Card cardholder, it's easy to sign up for a VISA paycard and take advantage of their enhanced bill pay system. Contact the HR Service Center at 800-777-2363 then select options 2, 2, 1 for help setting up your Global Cash Card.

For an introduction and more information the Global Cash Card, you may wish to view the video: [Pay Card Training](#).

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# Benefits News



## Quick Links

### [Golden Perks Online Shopping Portal](#)

Where employees and family members shop online for over 100,000 name brands at hundreds of your favorite retailers, local discounts and events, and theme park tickets.

(use **Referral Code 7DYSTZ**)

### [Purchasing Power](#)

Exclusive access to savings on electronics, appliances, theme park tickets and more. Eligible employees can shop online and make payments through payroll deduction.

(use **Promo Code GOLDENVIP**)

Share Benefits News with others  
and stay informed.

January 19, 2015

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### [YourGoldenBenefits.com](#)

24/7 access to benefit plan information, details, claim forms, links to vendor websites, and more.

### [PeopleSoft Self Service Guide](#)

Instructions on how to access PeopleSoft Self Service to manage/update your personal information such as:

- mailing address
- phone numbers
- email addresses
- beneficiary changes
- emergency contact information

### **Questions?**

Speak with a Benefit Specialist by calling the HR Service Center at 800-777-2363 options 2, 2, 1. Hours are 7:30 a.m. to 5:30 p.m. CT, Monday - Friday.

# Your Health Care Spending Account (HCSA) and Dependent Care Assistance Program (DCAP)

Don't forget the IRS rules that pertain to flexible spending accounts:

1. HCSA claims must be incurred by December 31, 2014.
2. The deadline to submit claims for reimbursement from your 2014 HCSA and DCAP dollars is March 31, 2015.
3. Up to \$500 remaining in your HCSA on December 31, 2014 can carry over to the following year and will be available to you in May 2015.
4. DCAP funds that are not used by the filing deadline are forfeited.

**[Click here for details about how you can carryover up to \\$500 of unused HCSA funds into 2015.](#)**

Contact ADP if you have questions about using your funds.

FSA Hotline: 800-304-9553

To view your balance and claims and for a list of eligible expenses, visit [Myspendingaccount.adp.com](http://Myspendingaccount.adp.com)

Questions?

HR Service Center

888-777-2363 options 2,2,1 or [HRSC@goldenliving.com](mailto:HRSC@goldenliving.com).

Visit [YourGoldenBenefits.com](http://YourGoldenBenefits.com) for all your benefits information any time.



# Golden HSA Members — When Funding Begins in Your Account

## Here's how funding of your Golden HSA for 2015 works:

- Your HSA payroll contributions begin in January 2015.
- The employer contribution will begin at the same time, and made on a per pay period basis.

## If you have a 2014 Health Care Spending Account (HCSA) balance at the end of December, funding may be delayed. Here's how funding will work:

- In order to begin funding and adding money to your Health Savings Account (HSA), the IRS requires that you have a zero balance in your 2014 HCSA account. The tax laws prohibit having money available from both accounts at the same time.
- If you have a “zero” balance in your 2014 HCSA at the end of December, your HSA payroll contributions will begin in January 2015. The employer pay period contributions to your HSA will also begin in January.
- If you have a balance in your 2014 HCSA at the end of December, your HSA payroll contributions will begin approximately six weeks after the claim submission deadline for the 2014 plan year, or about May 15. The employer pay period contributions to your HSA will begin at the same time.